

# 2020 HITTING AND PITCHING INDOORS FOR YOUTH



MONDAY NIGHTS-HITTING  
THURSDAY NIGHTS-PITCHING

## Insurance Information

**Note: ALL participants must provide this signed release.**

In consideration of, and as a condition of my child's participation in the 2020 Hitting and Pitching Indoors for Youth sponsored by East Central Community College, I hereby for myself, my heirs or my child's heirs, executors and administrators, waive and release any and all rights and claims for damages for personal injury and otherwise which I may have against East Central Community College, Rush Foundation Hospital, Rush Sports Medicine Team, their agents, representatives, successors and assigns for any/or all claims of liability. I also certify that my child is in good physical health and is capable of participating in the above mentioned activity.

Consent of Parent or Guardian:

\_\_\_\_\_

Date: \_\_\_\_\_

### ACCREDITATION

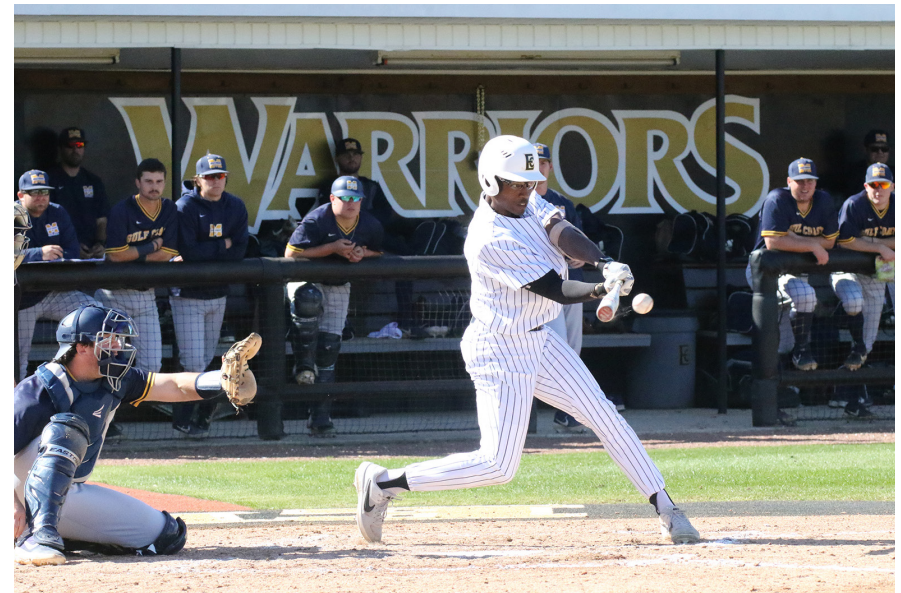
East Central Community College is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award the associate degree. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of East Central Community College.

### NONDISCRIMINATION

East Central Community College does not discriminate on the basis of race, color, religion, national origin, sex, age, or qualified disability in its educational programs and activities, employment practices, or admissions processes. The following persons have been designated to handle inquiries regarding the non-discrimination policies of East Central Community College:

Inquiries regarding compliance with Title VI, ADEA, and Title IX is coordinated by Dr. Teresa Mackey, Vice President for Instruction, Walter Arno Vincent Administration Building, Room 171, Post Office Box 129, Decatur, MS 39327, Phone: 601-635-6202, Fax: 601-635-4011, [tmackey@eccc.edu](mailto:tmackey@eccc.edu).

Inquiries regarding compliance with Section 504 and ADA is coordinated by Dr. Randall Lee, Vice President of Student Services, Eddie M. Smith Student Union, Room 201, Post Office Box 129, Decatur, MS 39327, Phone: 601-635-6375, Fax: 601-635-3247, [rllee@eccc.edu](mailto:rllee@eccc.edu).



# HITTING/PITCHING CLINIC INFORMATION

The East Central Community College Baseball Program again is offering a hitting and pitching clinic during Winter 2020 for players ages 6 -12. The Hitting Clinic will be held on Monday evenings, with the exception of February 12, which is a Tuesday, from 6:15 to 8:15 p.m. The Pitching Clinic will be held from 6 to 7:15 p.m. each Thursday. The cost will be \$100 for the Hitting Clinic and \$75 for the Pitching Clinic. Participants can attend both clinics for \$150. The deadline to sign up is Thursday, January 17. Both camps were very successful last year and there are only a limited number of spaces available so early registration is encouraged.

This clinic is being offered to assist players in preparations for the spring. Instruction will be provided by East Central coaches and players.

Pitching Sessions will be divided between the Founders Gymnasium and the South Campus Gymnasium. Hitting Sessions will be held in the Indoor Practice Facility located in Founders' Gym. The indoor facility includes two full-length cages, an area for bunting, a pitching machine and several hitting stations.

Players will be divided into groups and will participate in drills including Batting Practice, Tee Drills, Soft Toss, Wiffle Balls, Bunting Techniques and other hitting-related exercises. Pitchers will learn the fundamental steps of a delivery as well as throw a supervised pen each week. They will also be instructed in other aspects such as arm care, pick moves and grips.

Check-In for Hitting Camp-January 20 • 6 p.m. • Founders Gymnasium  
Check-In for Pitching Camp-January 30 • 5:45 p.m. • Founders Gymnasium

For more information contact the  
Baseball Office at 601-635-6374 or 601-635-6226.

## 2020 Hitting/Pitching Indoors

**Ages 6-12 • Hitting \$100 • Pitching \$75 • Both Clinics for \$150  
(Includes Insurance and Camp T-Shirt)**

**(Hitting) Mondays: January 20, 27; February 4\*, 10**

*\* This date only is on a Tuesday.*

**(Pitching) Thursdays: January 30; February 6, 13, 20**

### WHAT TO BRING:

**Baseball Helmet (If available) • Batting Gloves (If available)  
Baseball Bat • Tennis Shoes • Jacket or Sleeves**

# Registration Form

**Please register online at [www.eccc.edu](http://www.eccc.edu) prior to January 13.**

**Completed registration forms can also be mailed to  
ECCC Baseball, P.O. Box 129, Decatur, MS 39327.**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
(City) (State) (Zip Code)

School: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ (Please designate Youth or Adult Sizes)

Parents' Name: \_\_\_\_\_

Phone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Please Circle Camp(s) Attending: Hitting -- Pitching -- Both

Amount Enclosed: \_\_\_\_\_

### For More Information:

Neal Holliman, Head Baseball Coach      Matt Mitchell, Assistant Coach  
601-635-6374 • [nholliman@eccc.edu](mailto:nholliman@eccc.edu)      601-635-6226 • [mmitchell@eccc.edu](mailto:mmitchell@eccc.edu)

Adam Chamblee, Assistant Coach  
601-635-6415 • [achamblee@eccc.edu](mailto:achamblee@eccc.edu)

Toll Free: 877-462-3222 • Website: [www.eccc.edu](http://www.eccc.edu)