



EAST CENTRAL

COMMUNITY COLLEGE

Warrior POST Food Pantry Items

Please assist PBL and make a donation to the campus food pantry. Please note that some items on the list are needed more than others. If the item has a strike-through, we will not accept that item at this time. Below is a list of all accepted food for our pantry:

Canned Meat:

- Tuna - ~~33~~
- Chicken - 9
- SPAM - 1
- Smoked Sausage - 20
- Potted Meat - 2
- Canned Pork - 2

Soup:

- Chili - 5
- Chicken - ~~38~~
- Tomato - 15
- Vegetable - 19
- Beef Stew - 5
- Campbell's Chunky - 4
- Cream of Celery - 4
- Cream of Mushroom - 2

Beans:

- Black Beans - 4
- Kidney Beans - 21
- Pork and Beans - 6
- Dry Beans - 1
- Baked Beans - 2

Canned Vegetables:

- Mixed Vegetables - ~~41~~
- Peas - ~~57~~
- Green Beans - ~~98~~
- Corn - ~~67~~
- Tomatoes - 9
- Carrots - ~~30~~
- Potatoes - 28
- Black Eyed Peas - 4

Ramen:

- Chicken - ~~32~~
- Shrimp - 0
- Beef - 0

Breakfast Items:

- Pop Tarts - 1
- Oatmeal/Quick oats - 0
- Breakfast bar - 0
- Kids' Cereal - 3
- Pancake Mix (Just Add Water) - 1
- Muffin Mix (Just Add Water) - 1
- Grits - 1

Snacks:

- Granola/Snack bars - 2
- Saltine Crackers - 2
- Butter Crackers - 0
- Chips - 1
- Pretzels - 0
- Trail mix - 0

Other:

- Canned Fruit - 20
- Peanut Butter - 7
- Jelly - 0
- Macaroni and Cheese (Instant) - 6
- Rice - 0
- Salt & Pepper - 0
- Canned Raviolis/Beefaroni - ~~41~~
- Paper Plates/Plastic Forks/Spoons - 3
- Toilet Paper - 0
- Paper Towels - 2
- Hamburger Helper - 3