



# EAST CENTRAL

COMMUNITY COLLEGE

## Warrior POST Food Pantry

Please assist PBL and make a donation to the campus food pantry. Please note that some items on the list are needed more than others. If the item has a strike-through we will not accept that item at this time. Below is a list of all accepted food for our pantry:

### Canned Meat:

- ~~Tuna - 33~~
- Chicken - 9
- SPAM - 1
- Smoked Sausage - 30
- Potted Meat - 2
- Canned Pork - 2

### Soup:

- Chili - 9
- ~~Chicken - 38~~
- Tomato - 19
- Vegetable - 20
- Beef Stew - 5
- Campbell's Chunky - 8
- Cream of Celery - 4
- Cream of Mushroom - 6

### Beans:

- Black Beans - 8
- Kidney Beans - 23
- Pork and Beans - 10
- Dry Beans - 1
- Baked Beans - 6
- Red Beans and Rice - 2

### Canned Vegetables:

- ~~Mixed Vegetables - 20~~
- ~~Peas - 57~~
- ~~Green Beans - 98~~
- ~~Corn - 67~~
- Tomatoes - 11
- ~~Carrots - 32~~
- Potatoes - 28
- Black Eyed Peas - 4

### Ramen:

- ~~Chicken - 48~~
- Shrimp - 0
- Beef - 15

### Breakfast Items:

- Pop Tarts - 4
- Oatmeal/Quick oats - 1
- Breakfast bar - 0
- Kids' Cereal - 3
- Pancake Mix (Just Add Water) - 1
- Muffin Mix (Just Add Water) - 1
- Grits - 1

### Snacks:

- Granola/Snack bars - 2
- Saltine Crackers - 2
- Butter Crackers - 0
- Chips - 1
- Pretzels - 0
- Trail mix - 0

### Other:

- Canned Fruit - 20
- Peanut Butter - 7
- Jelly - 0
- Macaroni and Cheese (Instant) - 6
- Rice - 0
- Salt & Pepper - 0
- ~~Canned Raviolis/Beefaroni - 20~~
- Paper Plates/Plastic Forks/Spoons - 3
- Toilet Paper - 0
- Paper Towels - 5
- Hamburger Helper - 3
- Pasta Sides - 4
- Sloppy Joe Sauce - 2