



# EAST CENTRAL

COMMUNITY COLLEGE

## Warrior POST Food Pantry

Please assist PBL and make a donation to the campus food pantry. Please note that some items on the list are needed more than others. If the item has a strike-through we will not accept that item at this time. Below is a list of all accepted food for our pantry:

### Canned Meat:

~~Tuna - 38~~  
Chicken - 6  
Vienna Sausage-13  
Potted Meat - 2 Luncheon Loaf-2

### Soup:

Chili - 9  
~~Chicken Noodle - 33~~  
Tomato - 16  
Vegetable - 3  
Vegetable Beef-16  
Beef Stew - 0  
Campbell's Chunky - 6  
Cream of Celery - 9  
Cream of Mushroom - 9  
Cream of Chicken-6  
Cream of Onion-1  
Broccoli Cheese Soup-1  
Dumpling & Chicken-8  
Chicken with Rice-6

### Beans:

Black Beans - 12  
Pinto Beans-15  
~~Kidney Beans - 29~~  
Pork and Beans -9  
Dry Beans - 1 Baked Beans - 4  
Red Beans and Rice - 2  
Refried Beans- 1  
Great Northern Beans-2

### Canned Vegetables:

~~Mixed Vegetables - 62~~  
~~Sweet Peas - 66~~  
~~Green Beans - 161~~  
~~Corn - 177~~  
Tomatoes - 10  
Carrots - 28  
Potatoes - 21  
Black Eyed Peas - 4  
Chick Peas-1

### Ramen:

Chicken - 17  
~~Shrimp - 32~~  
Beef - 18  
Hot & Spicy Chicken-12  
Hot & Spicy Shrimp-12

### Breakfast Items:

Pop Tarts - 5 Boxes  
Oatmeal/Quick oats - 19  
Breakfast bar -0 Trail Mix-9  
Kids' Cereal - 8  
Pancake Mix (Just Add Water) - 0  
Muffin Mix (Just Add Water) - 0

### Snacks:

Granola/Snack bars - 3  
Saltine Crackers - 1  
Souper Meal-2  
Sandwich Crackers- 6

### Other:

Canned Fruit - 7 Cupped Fruit- 4  
Peanut Butter - 7 Jelly- 7  
Honey- 1 Applesauce- 1  
Cake Mix-2 Chicken Tamales-2  
Macaroni and Cheese (Instant) - 1  
~~Canned Raviolis/Beefaroni - 44~~  
Spaghettios-11  
Paper Plates/Plastic Forks/Spoons- 5  
Toilet Paper - 3  
Paper Towels - 2  
Hamburger Helper - 1  
Pasta Sides- 3  
Sloppy Joe Sauce - 3  
Angel Hair Macaroni-5  
Chicken and rice-19  
Beans with Bacon-1  
Beef Broth-3 Gravy-2  
Campbell's Double Noodle-2  
Canned Pasta in Butter Sauce-1