



EAST CENTRAL

COMMUNITY COLLEGE

Warrior POST Food Pantry

Please assist PBL and make a donation to the campus food pantry. Please note that some items on the list are needed more than others. If the item has a strike-through we will not accept that item at this time. Below is a list of all accepted food for our pantry:

Canned Meat:

~~Tuna - 147~~
Chicken - 31
~~Vienna Sausage - 129~~
Potted Meat - 29
Spam - 6
Ham - 1

Soup:

Chili - 5
Chicken Noodle - 16
Tomato - 6
Vegetable Beef - 8
Beef Stew - 2
Beef barley stew - 2
Cream of Celery - 9
Cream of Mushroom - 6
Cream of Chicken - 3

Beans:

Black Beans - 53
Pinto Beans - 26
Kidney Beans - 25
Pork and Beans - 13
Dry Beans - 3
Baked Beans - 1
Red Beans and Rice - 0
Refried Beans - 0
Great Northern Beans - 0
Navy Beans - 0

Canned Vegetables:

Mixed Vegetables - 3
Sweet Peas - 3
Green Beans - 1
Corn - 12
Tomatoes - 25
Carrots - 4
Potatoes - 4
Black Eyed Peas - 21
Yams - 1
Tomato/Okra/Corn - 1

Drinks:

Waters - 180

Ramen:

~~Chicken - 96~~
Shrimp - 0
Beef - 0

Breakfast Items:

Pop Tarts - 0
Oatmeal/Quick oats - 0
Breakfast bar - 0
Kids' Cereal - 0
Pancake Mix (Just Add Water) - 0
Muffin Mix (Just Add Water) - 0
Grits - 0

Snacks:

Granola/Snack bars - 0
Saltine Crackers - 0
Super Meal - 0

Other:

~~Canned Fruit - 104~~
~~Cupped Fruit - 91~~
Peanut Butter - 0
Jelly - 0
Salt & Pepper - 0
Canned Raviolis/Beefaroni - 0
Spaghettios - 0
Paper Plates/Plastic Forks/Spoons - 3
Toilet Paper - 0
Paper Towels - 1
Sloppy Joe Sauce -
Chicken and rice - 2
Beans with Bacon - 2
Chicken Stock and Beef Broth - 2
Gravy - 0
Campbell's Double Noodle - 0

Pasta:

Elbow Mac - 3
Half-length Spaghetti - 2
Shells - 3
Mac and Cheese - 58
Rigatoni - 1
Rice - 91