



# EAST CENTRAL

## COMMUNITY COLLEGE

### WARRIOR POST FOOD PANTRY

Please assist PBL and make a donation to the campus food pantry. Please note that some items on the list are needed more than others. If the item has a strike-through we will not accept that item at this time. Below is a list of all accepted food for our pantry:

#### CANNED MEAT

~~Tuna - 39~~  
Chicken - 6  
Vienna Sausage - 13  
Potted Meat - 2

#### SOUP

Chili - 9  
Chicken Noodle - 31  
Tomato - 18  
Vegetable - 3  
Vegetable Beef - 16  
Beef Stew - 1  
Campbell's Chunky - 3  
Cream of Celery - 9  
Cream of Mushroom - 7  
Cream of Chicken - 11  
Cream of Onion - 1  
Broccoli Cheese Soup - 1

#### BEANS

Black Beans - 12  
Pinto Beans - 14  
~~Kidney Beans - 29~~  
Pork and Beans - 9  
Dry Beans - 1  
Baked Beans - 3  
Red Beans and Rice - 2  
Refried Beans - 1  
Great Northern Beans - 1

#### CANNED VEGETABLES

~~Mixed Vegetables - 61~~  
~~Sweet Peas - 60~~  
~~Green Beans - 133~~  
~~Corn - 172~~  
Tomatoes - 10  
Carrots - 28  
Potatoes - 22  
Black Eyed Peas - 4  
Chick Peas - 1

#### RAMEN

Chicken - 17  
Shrimp - 15  
Beef - 21

#### BREAKFAST ITEMS

Pop Tarts - 13  
Oatmeal/Quick Oats - 21  
Breakfast bar - 0  
Trail Mix - 9  
Kids' Cereal - 3  
Pancake Mix (Just Add Water) - 0  
Muffin Mix (Just Add Water) - 0

#### SNACKS

Granola/Snack bars - 1  
Saltine Crackers - 1  
Souper Meal - 2

#### OTHER

Canned Fruit - 6  
Peanut Butter - 1  
Jelly - 1  
Macaroni and Cheese (Instant) - 1  
Rice - 0  
Salt & Pepper - 0  
~~Canned Raviolis/Beefaroni - 44~~  
Spaghettios - 11  
Paper Plates/Plastic Forks/Spoons - 5  
Toilet Paper - 3  
Paper Towels - 2  
Hamburger Helper - 1  
Pasta Sides - 3  
Sloppy Joe Sauce - 3  
Angel Hair Macaroni - 5  
Chicken and rice - 19  
Beans with Bacon - 1  
Beef Broth - 3  
Gravy - 2  
Campbell's Double Noodle - 2